All About My Body: Measure Me

Name: _____ Date: _____

Work with a grown-up or a friend. Trace your hand, measure your body and compare it with a friend.

Trace your hand here

Spread your fingers wide!

My hand is _____ cubes long.

My foot is _____ cubes long.

My arm is _____ cubes long.

I am _____ inches tall.

I have lost _____ baby teeth.

Compare with a friend

	Me	My friend	Who has more?
hand (cubes)			
foot (cubes)			
height (inches)			
lost teeth			

Tip: line up connecting cubes, paper clips or LEGO bricks from the wrist to the tip of the middle finger.